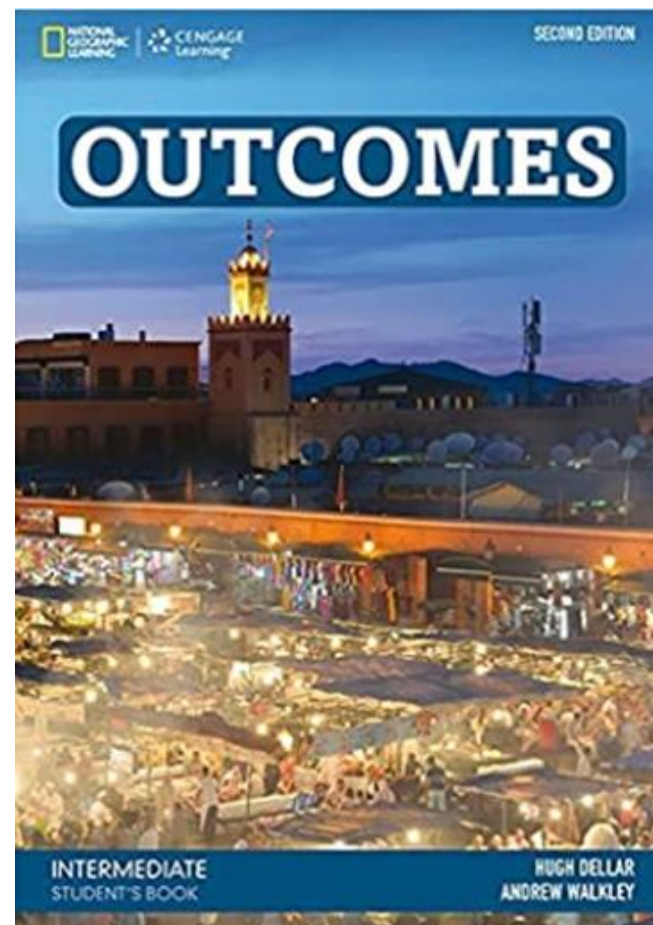




SELT mapping:
Outcomes
(B1+)



Outcomes Intermediate (B1+) Student's Book by National Geographic Learning and Skills for English B1 tests

The mapping activity below shows how easily the Outcomes Intermediate (B1+) Student's Book (2016), published by National Geographic Learning, can be used by teachers and learners to prepare for the Skills for English tests at CEFR B1 level. The table below refers to key activities in the Outcomes Intermediate (B1+) Student's Book and identifies topics, skills and activities which can be most helpful for test takers preparing to take the Skills for English B1 test. Note that these are INDICATIVE of possible test content only and NOT an indication of what may appear on any Skills for English tests.

Unit 1						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"First Class"	People & languages	Auxiliary verbs & narrative tenses	Introduce yourself and other people, ask and answer common questions, talk about learning a language, talk about how you first met someone or how two other people met	Listen to people meeting for the first time. Listen to people discussing experiences of learning a language, listen to someone telling a story	Read an article about hyperglots, answer True/False/Not Given questions, read a book review, pay more attention to the language in texts	Give a friend advice on learning your language, write an email to a friend

Unit 2						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Feelings"	Feelings	Linking verbs, present simple & present continuous	Talk about times you have felt a certain way (e.g. happy, annoyed), talk about communication and connection, talk about keeping in contact with friends or reconnecting with old friends	Listen to people discussing their feelings, listen to people sharing good or bad news, listen to friends who haven't seen each other for a while catching up, listen to people making, accepting and refusing offers	Read about a well-known person in the community, predict the content of an article, read for detail	Write an email to a friend to cheer them up, write an email to an old friend giving them your news, use the correct beginning end ending in an informal email

Unit 3						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Time Off"	Places of interest & weather	Future plans, present perfect simple	Talk about travel and holidays, talk about interesting places to visit in the area where you live, describe your dream holiday, talk about the weather, talk about experiences you have had in your life, give and respond to suggestions, discuss future plans	Listen to people discussing holidays, listen to a tour guide giving a tour, listen to a talk about a place of interest, listen to people discussing the weather, listen to a weather report	Read a tourist information guide or city guide, read about disaster tourism, scan a text for specific information, match ideas to paragraphs	Write to a friend to invite them to your city/describe your city, write about the importance of holidays and leisure time, write a story

Unit 4						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Interests"	Free-time activities, music, injuries & problems	Habit & frequency, present perfect continuous and past simple	Talk about your daily routine, talk about different times of the day, talk about how frequently you do different activities, talk about your skills and talents	Listen to people talking about their free-time activities, listen to people talking about how often they do things, listen to a talk about martial arts	Read advertisements for leisure activities or facilities, read about music and playlists, match people to opinions	Write about music, film or a book you recommend, write about free-time activities, make a request

Unit 5						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Working Life"	Describing jobs, work rules & law	Must & can't, talking about rules	Talk about jobs you have done or would like to do, talk about the advantages and disadvantages of different jobs, give your opinion on having a job for life, talk about rules in the workplace	Listen to people talking about their jobs, listen to a talk about a particular career or role, listen to people talking about rules at work, listen to a talk about workplace rules or safety	Read an advertisement for a job or a job description, read about workplace rules and laws, match ideas to paragraphs	Write an email to apply for a job, write about the changing workplace (e.g. flexible working, remote working, work-life balance), write a formal email

Unit 6						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Buying and Selling"	Smartphones, clothes & accessories	Comparisons & noun phrases	Talk about shopping and shopping centres, talk about mobile phones, talk about fashion, clothes and accessories, listen to people discussing souvenirs and presents	Listen to people buying something or asking questions in a shop, listen to people discussing mobile phones, complete gapped sentences with missing information	Read a questionnaire, read an advert for a shop or brand, read about consumerism and shopping habits	Write about shopping habits (e.g. online vs physical shop, second-hand clothes, designer brands, fast fashion), write a report

Unit 7						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Education"	Education, describing courses	Future time clauses, zero & first conditionals	Talk about your experience of education, talk about what you think good and bad teaching is, make predictions about education in the future	Listen to people talking about their current studies, listen to people talking about their past experiences of education, listen to people working in a school or university	Read some course information, read about educational approaches in different countries, read about schools and the education system, scan for specific information	Write about how education has changed, write about the advantages and disadvantages of different approaches to teaching, write an opinion-led essay

Unit 8						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Eating"	Describing food, restaurants	Generalisations, second conditional	Talk about your eating habits, talk about typical food from your country, describe how to prepare a dish, talk about eating out, talk about healthy eating habits, diets and food fads	Listen to people talking about their favourite food, listen to a cookery programme or instructions on how to prepare a dish, listen to people ordering food or discussing a restaurant	Read a restaurant review, read a recipe, read about foreign food culture and living abroad, read for details	Write an email to a restaurant to book a table, write an email to a friend giving them instructions on how to prepare a dish, write a restaurant review

Unit 9						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Houses"	Describing homes and areas, social issues	Present perfect simple and present perfect continuous	Talk about where you live, describe a home or an area, talk about housing problems and possible solutions, talk about social or economic changes	Listen to people discussing a house or apartment, listen to an estate agent showing a property, listen to people discussing housing issues	Read a property description, read about the housing situation in different countries, read about housing problems and possible solutions	Write to a friend to tell them about your new home, write about social and economic changes, write a problem and solution essay

Unit 10						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Going Out"	Exhibitions, films, theatre and events	Quantifiers, the future in the past	Talk about going out, talk about the arts, describe a film, play or exhibition, talk about differences between the city and the countryside	Listen to people discussing the arts, listen to information about an exhibition, film or play, listen to someone giving directions, listen to people talking about a night out	Read an article about typical nights out around the world, match information to paragraphs	Write to a friend to invite them to a night out, describe an event

Unit 11						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"The Natural World"	Movements and sounds, challenges and achievements	Past ability/obligation, passives	Talk about animals and pets, talk about nature, talk about challenges in the natural world, talk about natural resources	Listen to people talking about animals and pets, listen to a talk about natural resources	Read about an animal, read about nature and the natural world, read about a challenging situation, read for details	Write about pet ownership, write to a friend about a challenge that you overcame, write about government spending

Unit 12						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"People I Know"	Describing character, relationships	Used to, would & past simple, expressing regret using wish	Talk about people you know and the relationships between them, describe someone's character, talk about the typical age and role of grandparents in your country, talk about past experiences, talk about your friends	Listen to people talking about their family, listen to people talking about different generations and ageing, listen to people discussing past experiences, listen to a talk on genealogy	Read about older generations and ageing, read a report with statistics, match topics to paragraphs, read about relationships, read about past regrets, read about tracing family history	Write a description of someone you know (e.g. for a job reference or an award nomination), write about the roles of different family members and generational differences in your culture

Unit 13						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Journeys"	Ways of travelling & travel problems	Third conditional, should have	Talk about travelling and going on holiday, describe a journey you have taken, talk about travel problems, talk about moving to another country, use extreme adjectives to add emphasis	Listen to people preparing to go on holiday, listen to conversations that take place on a journey (e.g. buying a train ticket, an airport announcement), listen to someone being blamed for something	Recognise a range of common phrasal verbs, read about immigration and emigration, answer True/False/Not Given questions	Use phrasal verbs in your writing, write about immigration, give advice to a friend about moving country

Unit 14						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Technology"	Computers, games, apps and gadgets	Articles, infinitives and -ing forms	Compare technology in the past and present and make future predictions, talk about problems you have had with technology, give your opinion about video games and gamers	Listen to people talking about technology in the workplace, listen to someone giving technical instructions, listen to a talk about a new gadget	Read an instruction manual, read about a new technology, read about the gaming industry, match opinions/facts to people	Write about technology (e.g. future predictions, benefits and drawbacks for young people)

Unit 15						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"Injuries and Illness"	Accidents & health problems	Adverbs, reported speech	Talk about visiting a doctor, talk about the medical industry in your country, talk about healthcare, talk about a time when you were ill or had an accident, report speech	Listen to a conversation in a doctor's surgery or hospital, listen to people talking about healthy and unhealthy habits	Read about health facts and myths, read about medicine or the medical profession, work out the meaning of unknown vocabulary from context	Write about healthcare (e.g. free vs paid), give advice about getting and staying healthy

Unit 16						
	Topics and vocabulary	Grammar and Functions	Relevance to B1 Skills for English Speaking test	Relevance to B1 Skills for English Listening test	Relevance to B1 Skills for English Reading test	Relevance to B1 Skills for English Writing test
"News and Events"	News, explaining who people are	Reporting verbs, defining relative clauses	Talk about types and sources of news, comment on news or current affairs, describe famous people and events, discuss issues around fame, talk about a celebrity	Listen to a news report, listen to people discussing a news story, listen to people gossiping, listen to a talk about a famous person	Read a newspaper article, read about a famous person, read an article about fame and fortune, match information to paragraphs, scan for specific information	Use reporting verbs, write about fame and the influence of famous people

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